



St George's Primary School  
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Head teacher: Ms Louise Oddy  
Deputy: Mrs Tracy Mercer  
School Business Manager: Mrs Jane Brown

Wednesday 12<sup>th</sup> June 2024

Dear Parents and Carers,

### **Re: Relationships, Sex and Health Education (RSHE)**

At St George's Primary, we use the 'Jigsaw' resource to teach this. This approach supports pupils' wellbeing and children engage well with the programme. The 'Changing Me' Puzzle will take place this term. This deals with changes of many types; growing from young to old, becoming a teenager, assertiveness, puberty, self-respect and safeguarding. Life cycles and human reproduction will also be taught in some year groups.

All the teaching resources are original to Jigsaw, including picture cards, work sheets and animations, all used to enhance teaching and learning. The animations of the female reproductive system and the male reproductive system provide a visual resource to enable children to understand how the body changes and develops in puberty. This work is done in the context of managing change and is age-appropriate.

In addition, each year group will think about looking ahead, moving year groups or the transition to secondary school and how to cope positively with such changes.

The Government expects school to deliver work on puberty.

Sessions on human reproduction, which are considered to be Sex Education in the primary curriculum are not statutory and, as such, parents/carers can request their child be withdrawn from these sessions. In Y4, Y5 and Y6 there is one element of work that discusses human reproduction.

At St George's Primary, much thought has been given to 'what to teach when' to ensure all children can approach puberty equipped with the knowledge needed to understand what is happening to them without any worry. We believe that all content is age appropriate and that children need to understand this before they leave primary school so that:

- They are prepared for the changes which happen to their bodies and emotions.
- They see that puberty needs to happen to enable them to have babies in adulthood
- This knowledge helps to safeguard them.

Every child matters... every childhood matters.

If you have a child in Y4, Y5 or Y6 and you would like them to be withdrawn from the lesson on human reproduction (Y4 – how a baby is made, in simple terms, using animations of female and male reproductive organs. Y5 – understanding the place of sexual intercourse in a relationship and how it can lead to conception again using animations. Y6 – the story of pregnancy and birth, again using animations) please put this in writing to Louise Oddy.

Many thanks for your continued support

A handwritten signature in black ink, appearing to read 'L. Oddy'.

Louise Oddy  
Headteacher